

## Mistake #1: Missing Strict Filing Deadlines

From the moment you receive an initial payment or denial, you enter a limited 30-day negotiation period. Many providers struggle here because administrative teams are already balancing heavy workloads. The best way to avoid this mistake is to establish a reliable tracking system, usually with the help of a specialized partner, to monitor every deadline.





#### Mistake #2: Underestimating the Complexity of Arbitration

You might assume arbitration is just another form of appeal, but the NSA process is more technical. To solidify your claim, treat every arbitration case like a formal legal proceeding. Gather strong evidence, prepare compelling arguments, and work with an expert medical claim underpayment recovery team.

# Mistake #3: Accepting Low Initial Payments Without Dispute

Many providers are already overwhelmed by the NSA's technicalities, so they throw in the towel and accept the insurer's terms rather than pursuing arbitration. To avoid this mistake, stop viewing low payments as the end of the story. Treat them as the starting point for a process that can yield fair reimbursement when challenged correctly.



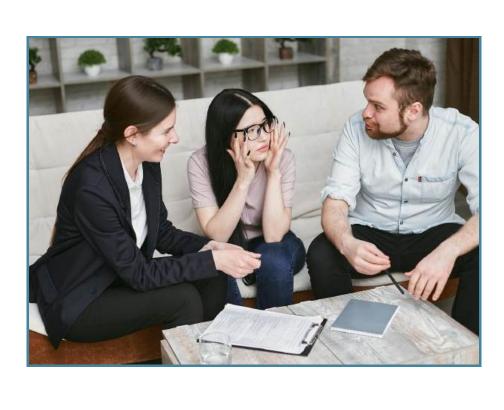


## Mistake #4: Bearing the Financial Risk Alone

One of the biggest deterrents for providers is the upfront cost of arbitration. Filing fees and administrative costs can feel like a gamble, especially if you're not confident in the process. Partner with arbitration representation for medical groups with no upfront cost. These contingency-based partners can advance these costs on your behalf, and they only collect a fee if the case is successful.

### Mistake #5: Overlooking State-Level Arbitration Options

Depending on where you practice, a state-level arbitration process may actually yield better results than the federal system. Providers often make the mistake of defaulting to NSA arbitration without evaluating whether state law offers a stronger route. Always review both federal and state options before filing and choose the path that maximizes your recovery.



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